

Arteca's Martial Arts
2nd Gup Test

1. What was the name of the first complete martial arts book?
 - A. Tae Kyun
 - B. Do Bahk Soo Do
 - C. Kwan Bop
 - D. Mooyae Dobo Tongi
2. When was the first complete martial arts book written?
 - A. 1790 AD
 - B. 1880 AD
 - C. 1700 AD
 - D. 1790 BC
3. What was the name of the monk who inspired Jae Chul Shin?
 - A. Mooyae Dobo Tongi
 - B. Wang Kun
 - C. Unknown
 - D. Won Kwang
4. What does the word "Soo" in Tang Soo Do mean?
 - A. A Chinese Dynasty
 - B. Way of life
 - C. Karate
 - D. Hand but implies fist, punch, strike or defense
5. Who was the monk that originated the five codes?
 - A. Kwi San
 - B. Won Kwang
 - C. Hwang Kee
 - D. Jae Chul Shin
6. What is the Korean term for center punch exercise?
 - A. Ha Dan Soo Do
 - B. Sang Dan Mahk Ki
 - C. Bahl Poto Oly Ki
 - D. Pahl Put Ki
7. Which belt does blood, life, energy, attention, and control best describe?
 - A. Orange belt
 - B. Brown belt
 - C. Blue belt
 - D. Red belt
8. What was the name of the group of warriors who were instrumental in unifying the Korean peninsula as the new Silla dynasty?
 - A. Hyang Kee Dan Warriors
 - B. Hwa Rang Dan Warriors
 - C. Kwon Bop Do Warriors
 - D. Hwang Rong Dan Warriors
9. What year did Master Hwang Kee organize the Korean Soo Bahk Do Association?
 - A. 1950
 - B. 1975
 - C. 1945
 - D. 1936

10. How many charter member countries were at the World Tang Soo Charter convention in 1982?
 A. 8
 B. 10
 C. 15
 D. 12
11. What was the old name used for Bassai?
 A. Kwon B Up
 B. Pal Che
 C. Phal Koop
 D. Bassai
12. What is the ultimate goal of Tang Soo Do?
 A. To become a black belt
 B. To become a master
 C. To become one with nature
 D. To be able to protect yourself
13. Why do we practice forms?
 A. To develop a strong spirit
 B. To work on specific moves
 C. To get in shape
 D. In order to get promoted

What are three of the five most important things when practicing forms?

14. _____
15. _____
16. _____

17. What are the total number of moves in Pyung Ahn Oh Dan excluding choon bee and ba ro? _____

18. What are the total number of moves by the count in Pyung Ahn Oh Dan excluding choon bee and ba ro? _____

19-21. Label the kingdoms of ancient Korea -**Silla, Koguryo** and **Paekche**


