

Arteca's Martial Arts

3rd Gup Test

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|------------------------------|----------------------------|
| 1. _____ Mok | A. Solar Plexus |
| 2. _____ In Choong | B. Top of Wrist |
| 3. _____ Myung Chi | C. You're Welcome |
| 4. _____ Hur Ri | D. Concentration |
| 5. _____ Pahl Mok | E. Philtrum |
| 6. _____ Soh Mok Deoung | F. Humility |
| 7. _____ Ko Dan Ja | G. Stop |
| 8. _____ Chun Man E O | H. Neck |
| 9. _____ Kyum Son | I. Respect |
| 10. _____ Chung Shim Tong Il | J. Wrist |
| 11. _____ Chon Kyung | K. Senior Dan Holder |
| 12. _____ Jung Ji | L. Internal Power Exercise |
| 13. _____ Neh Kong | M. Side of Wrist |

14. What are the total number of moves in Pyung Ahn Sah Dan excluding choon bee and ba ro? _____

15. What are the total number of moves by the count in Pyung Ahn Sah Dan excluding choon bee and ba ro? _____

16. What is the Korean term for External Power exercise?

- A. Weh Kong
- B. Shim Kong
- C. Nae Kong
- D. Shi Sun

17. What does Shim Kong mean?

- A. Internal power exercise
- B. Ridge hand
- C. Spear hand
- D. Spiritual power exercise

18. What is the Korean term for focus of eyes?

- A. Kap Kwon
- B. Jung Kwan
- C. Shi Sun
- D. Chung Shim

19. What does a Brown belt represent?

- A. Power, stability, agility, weight, and wisdom
- B. Power and techniques beginning to bloom and ripen
- C. Speedy development of youth as summer arrives
- D. Tang Soo Do knowledge beginning to reveal itself

20. Which of the following is one of the fourteen attitude requirements to master Tang Soo Do?
A. Indomitable spirit
B. Obedience to parents
C. Serious approach
D. Humility
21. Regularly spaced practice sessions is one of the _____.
A. Five codes of TSD
B. Seven tenets of TSD
C. Fourteen attitude requirements
D. Purpose of training
22. The ancestral art of Tang Soo Do can be traced back to the time when Korea was divided into _____ kingdoms.
A. Three
B. Two
C. Four
D. Six
23. Which Dynasty united the three Kingdoms of Korea?
A. Silla
B. Paekche
C. Tang
D. Koryo
24. The _____ Dynasty of China has greatly influenced the style of Tang Soo Do.
A. Silla
B. Tang
C. Han
D. Yi
25. What is the Korean flag called?
A. Won Kwang
B. Tae Keuk Ki
C. Kukgi
D. Hyup Hoi Ki
26. What is the title of the book that Black Belt magazine used to honor Grandmaster Shin by devoting a full chapter to him?
A. Zen in the Martial Arts
B. The Tao
C. 20th Century Warriors
D. Hwarang Do
27. When was the association symbol adopted?
A. 1936
B. 1790
C. 1968
D. 1982
28. What is the name of the Association flag?
A. Kuk Gi
B. Bul Go Gi
C. Hyup Hoi Ki
D. Tae Keuk Ki
29. What year were the three kingdoms united?
A. 600 AD
B. 686 AD
C. 668 AD
D. 568 AD